

COALITION EDITION

Volunteering Brings a Wealth of Benefits

Happy New Year! For many, the new year brings New Year's resolutions. Most resolutions involve changing an undesired trait or behavior, often to improve health.

Everyone agrees that volunteering makes you feel good. Studies show that volunteering builds a sense of community and improves social networks. It cultivates friendships and decreases loneliness and depression. Many suffering from mental illness have found volunteering to be life changing.



Volunteers experience a wealth of mental and physical benefits. The Corporation for National and Community Service reports that people who volunteer over 100 hours a year are some of the healthiest people in the country! Volunteering and physical health are positively reinforcing. Volunteering promotes good health, allowing one to continue to volunteer later in life.

Moore County is blessed by a variety of non-profit organizations, many that rely on volunteers for fulfillment of their programs. To reap the most benefits from a volunteer experience, choose a cause you are passionate about with opportunities that are inline with your skills, interest and schedule. A variety of websites help simplify researching volunteer opportunities, offering a list of agencies and available positions.

Sandhills/Moore Coalition offers a variety of volunteer positions and time commitments. Our volunteers come from all walks of life and are united in their desire to help those in our community who are struggling. If you are considering a commitment to volunteering as one of your New Year's resolutions, give us a call! We would welcome the chance to show you our organization and review available opportunities.



To learn more about volunteer opportunities with the Coalition, visit the volunteers tab at www.sandhillscoalition.org or call (910) 693-1600 Option 5.

Gifts In Memory Of.....

as of December 31, 2017

Betty Baker by Brenda Jackson
Cos Barnes by Harrison Barnes
Mary Beardsley by Bruce & Ann Robson
David Boone by Joan Ciminera
Hannah Bradshaw by Joe & Geri Walker
Dominick J. Caristo by Harold & Linda McNeill
Lucy Chamberlain by Joan Ciminera
Charles R. Davis by Patricia Davis
Kathleen Duffy by Patrick & Carol Duffy
Anthony G. Duggan by Joan Ciminera
Michael E. Duggan by Joan Ciminera
Kaye Essick by Mr. & Mrs. William Odell
Joseph Garcia by Barbara Garcia
Phile Gauthier by Jean Gauthier
Billie Joyce Hill by Bob & Marjeanne Harling
Nancy M. Kinane by John Kinane
Randle W. King by Farrell & Pamela Bushing, Jr.
Mary Lee by Frank & Missy Quis
Priscilla Loomis by Frank Loomis
Richard McCleney by Gary & Dickie Carter
Maryann McCormick by Tom McCormick

Roy Mellenthien by Frank & Missy Quis
Warren & Ruth Meyer by:
Sordoni Construction Company
Charles & Karen Gregson
Alan & Pamela Meyer
Jack & Betty Morgan by John & Martha McAninch
Twink Naylor by Frank & Missy Quis
William & Lena Norris by Leota Kneavel
Chris Ozment by Cynthia Norwood
Bruce Patkunas by Terry Patkunas
Eleanor Payne by Richard Schumaker
John Phillips by Toby & Sarah Johnson
Fred H. Renner, Jr. by Joan Renner
Peter Richards by Mary Richards
Dr. Robert G. Saisbury by Ms. Robbie Salisbury
Joe N. Sinclair, Jr. by Ruth Sinclair
Sandra West by Thomas West
Sally Williams by Tom Williams
Charles Russell Willis by Patricia Willis
Joe Wing by Patty Billingham
William & Doreen Zastrow by Mary Breasseale

Gifts In Honor Of.....

as of December 31, 2017

All First Responders by Joan Ciminera
All Volunteers by Arthur & Linda Messbauer
Anne Allport by Toby & Sarah Johnson
John & Sarah Beard by John & Anne Krahnert
Richard & Susan Beard by John & Anne Krahnert
Jean Birk by Wil Birk
Leslie Burlingame by Toby & Sarah Johnson
Wes & Sharon Burlingame by Toby & Sarah Johnson
Greg & Carrie Ciminera by Joan Ciminera
S & V Ciminera for their anniversary by Joan Ciminera
Sheila Ciminera by Joan Ciminera
Cris & Florrie Crisfulli by John & Susan Diffily
Nancy Costantini by Amy Cook
Delma Damele by Toby & Sarah Johnson
Mr. & Mrs. Myron Dice by Joe & Vivian Harrington
Sandy Douglass & Susan Hester by Toby & Sarah Johnson
Scott & Kathy Douglass by Toby & Sarah Johnson
Reynolds & Becky Davenport's Anniversary by:
Sue Stovall & Gloria Goldenberg

Eddie & Johnsyne Davis
The Diffily Family
John & Martha Ewalt by Lou & Ann Torok
John & Marion Gaida's Anniversary by:
Randy & Sherry Bailey
Gary & Kathleen Evans
Anthony Elms & Joyce Reehling
Charles & Anne Flood
Ralph & Vivian Jacobson
Gerry Turk
Fred & Barbara Neunighoff
Donald & Kay Goulet
Mary Enroth
William & Patricia Lambie
Eleanor Ray
John & Carole Alfieri
John & Leslie Nagy by Paul Nagy
Thomas Nagy
Stephen Nagy

Everhart Children & Grandchildren by Sylvester & Sandra Everhart

Thomas Fitch & Carlos Carvalho by Toby & Sarah Johnson

Mr. & Mrs. Elliott Funderburk by Joe & Vivian Harrington

Given Memorial Library Staff by Joan Ciminera

Durward & Cathy Grady by Hoke & Lynn Pollock

Kathleen Graham by William & Jeanette Sheehan

Hunter Grove by Toby & Sarah Johnson

Bob & Joan Hammeal by Gary & Kathy Evans

Bill & Dee Hanna by Terry & Susan Kouns

George & Stephanie Hillard by Hugh & Lauren Corum

Tupper Hillard

Marshall Tupper Hillard

Hoke & Lynn Pollock

Bill & Caroline Inlow by Toby & Sarah Johnson

Jason's Tire & Auto by Joan Ciminera

Terry & Susan Kouns by Bill & D. Ann Hanna

Howard & Sue Kurtz by Jack & Marguerite Hussey

Mr. & Mrs. Don Mansfield by Bob & P.J. Van Laningham

Larry & Mary Margaret McNeill

Milestone Advisors by Peter & Lisa Gearen

Bill & Diane Minton by Gary & Kathy Evans

Matthew Mutarelli by Joan Ciminera

Christopher & Lauren Nelson by Mark & Gail Nelson

Mark & Gail Nelson by Scott Bethune

Larry & Lynda Newsome by Larry & Mary Margaret McNeill

Joe & Sarah Parrish by Art & Ann Edgerton

Sarah Parrish by: Melissa Cowherd

Dot Neale

Susan Neale

Richard & Betty Rice

Dan & Sarah Jane Pate by Joe & Vivian Harrington

Verne Pherson by Jack & Harriet Neely

Ray Phillips by Suzanne Phillips

Arlene Phillips by Suzanne Phillips

Peter & Patty Pottle by Frank & Missy Quis

Wayne & Alice Robbins by John & Jackie Lina

Charlene Rudd by Wealth Planning Advisors, Inc.

Kersey & Marshall Smith by Larry & Mary Margaret McNeill

Jim & June Stewart by Tim and Nancy Howle

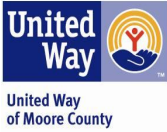
Stockham & Bradford by Joan Ciminera

Annie Thomasson by Julie Horton

Dr. Liz Williamson by Toby & Sarah Johnson

NON PROFIT
U.S. POSTAGE PAID
PERMIT NO 265
SOUTHERN PINES, NC
28387

RETURN SERVICE REQUESTED



Sandhills/Moore Coalition for Human Care
1500 W. Indiana Ave.
Southern Pines, NC 28387
Phone: 910-693-1600
E-mail: info@sandhillscoalition.org
Website: www.sandhillscoalition.org

To update your address or join our electronic mailing list, please email info@sandhillscoalition.org.

OUR MISSION: Alleviate hunger and financial strains of struggling households in Moore County.

OUR VISION: Lead the effort to achieve self-sustaining households for all in Moore County.

Empty Bowls is Moving!

Sandhills/Moore Coalition Empty Bowls Event
Sunday, March 4, 2018
12:00-2:00 pm



Country Club of Whispering Pines
2 Clubhouse Blvd, Whispering Pines

Sponsorship & ticket information available at
www.sandhillscoalition.org or call
(910) 693-1600 Option 5